

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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April 2024 Lunch Menu



Notes: Menu may be subjected to change without notice.
 Sit-down congregate lunch served from 12pm – 1pm, M-F.
 Coffee/tea set up is available starting at 9am.

<p>1 Roast Turkey Breast Sautéed Spinach Sweet Baked Yams Apple Cranberry Sauce</p>	<p>2 Chicken Alfredo Penne Italian Cut Green Beans Canned Pineapple</p>	<p>3 Eggplant Chickpea Tagine (Moroccan Eggplant + Chickpea Stew) Couscous Steamed Carrots and Green Beans Orange</p>	<p>4 Chicken Biryani Cauliflower and Pea Curry Applesauce with Raisins</p>	<p>5 Jerk Fish California Blend Vegetables Garlic Mashed Potatoes Banana</p>
<p>8 Beef Meatloaf with Mushroom Gravy Garlic Mashed Potatoes California Blend Vegetables Banana</p>	<p>9 BBQ Pork Chops Brown Rice with Black Beans Broccoli and Red Peppers Fruit Cocktail</p>	<p>10 Indulgent Mushroom and Lentil Stroganoff Baby Carrots and Parsley Orange</p>	<p>11 Jerk Chicken Leg Quarters Brown Rice with Mushrooms Sautéed Green Beans with Onions Mango</p>	<p>12 Asian Style White Fish with Cilantro Chinese Style Spaghetti Brussel Sprouts Kiwis</p>
<p>15 Ginger Garlic Beef Stew Whole wheat Pasta Italian Blend Vegetables Apple</p>	<p>16 Chicken Kofta Kabobs Baby Carrots and Parsley Parmesan Rosemary Mashed Potatoes Fruit Cocktail</p>	<p>17 Indulgent Bean and Veggie Stew Red Lentil Pasta Cauliflower with Carrots and Parsley Banana</p>	<p>18 Chicken Chasseur Half White Rice Half Quinoa Sautéed Spinach Orange</p>	<p>19 Baked Fish with a Lemon Dill Marinade California Blend Vegetables Garlic Mashed Potatoes Mango</p>
<p>22 Cheese Ravioli Steamed Peas and Carrots Sautéed Spinach Canned Peach Slices</p>	<p>23 Pork Meatballs Perfect White Rice Baby Carrots with Parsley Apple</p>	<p>24 Eggplant and Lentil Curry Delight Roasted Vegetable Couscous California Blend Vegetables Canned mandarin oranges</p>	<p>25 BBQ Chicken Leg Quarter Rasta Pasta Cauliflower and Pea Curry Banana</p>	<p>26 Baked Flounder Pearled Barely Sautéed Spinach Kiwis</p>
<p>29 Eggplant Parmesan with Ricotta Broccoli and Red Peppers Fruit Cocktail</p>	<p>30 Hawaiian Chicken Legs Garlic Mashed Potatoes Prince Edward Blend Vegetables Apple</p>			

CARTER BURDEN NETWORK
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Hours Open to the Public:
 Monday to Tuesday 9am – 4pm, Wednesday 9am – 3pm, Thursday to Friday 9am – 4pm