

SPECIAL ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1 style="font-size: 2em; margin: 0;">April 2024</h1>		 <p style="font-size: 0.8em; margin: 0;">carter burden network leading the way in aging services</p>	<p>Center Hours: Monday to Friday: 8am – 4pm Saturday and Sunday: 9am – 4pm</p> <p style="font-size: 0.8em; color: purple;">*Individual Tech Support available daily, Monday-Friday by both walk-ins and appointment. Please visit the 3rd Floor Computer Lab for details.</p>			
	1	2	3	4	5	6
			9-12 Common Pantry , 1 st Fl 11-12 Palliative Care Workshop 1-3 Paint and Sip , 1 st Fl		1-3:30 Easter Party , 1 st Fl	
7	8	9	10	11	12	13
				11-2 Queen's County Farm Trip 11-12 Cooking with Karla – cooking demo , 1 st Fl	9-12 Legal Aid Services , 2 nd Fl Overflow Room	
14	15	16	17	18	19	20
		1-2 Nutrition Class with Common Pantry , 1 st Fl	11:15-12 Parkinson's Disease Workshop , 2 nd Fl Dining Hall 1-2 Special Zumba Class , 1 st Fl	10-2 Walmart Trip	1-2 Virtual Bingo , 2 nd Fl Dining Room 1-2 Special Tai Chi Class , 1 st Fl 1:30-3:30 Artist Talk, Yvonne Lamar Rogers , 3 rd fl	
21	22	23	24	25	26	27
		10-2 Botanical Gardens Trip	11:15 – 12 Stress Awareness Workshop , 2 nd Fl Dining Hall 1-2 Home + Safety Presentation , 1 st Fl	1:30-3:30 Trip to Carter Burden Gallery , registration on 3 rd Fl	1-2 Julliard Musical Performance , 1 st Fl	
28	29	30	<p style="color: orange; font-weight: bold; margin: 0;">CARTER BURDEN NETWORK</p> <p style="margin: 0;">COVELLO OLDER ADULT CENTER</p> <p style="margin: 0;">312 East 109th Street, NY, NY 10029</p> <p style="margin: 0;">Phone: 212-423-9665 www.carterburdennetwork.org</p>			

REGULAR WEEKLY ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10-12 Ceramics with Valerie	9:30-10:30 Zumba , 1 st Fl. 10-11 Photography Q&A (no registration required) 10-12 Pool Room Open 10-12 Easy Quilts with Diane (Exception: 4/8 with Jennifer) 10-12 Crochet and Clay with Ann 10-11:30 Open Painting Studio 11-12 Healing Through Music , 1 st Fl.	9:30-10:30 Covello Glowing Stars , 1 st Fl. 9:30-11:30 Gym Open 10-11 Introduction to Facebook (registration required) 10-12 Pool Room Open 10-12 Hand Embroidery with Diane (Exception: 4/9 with Liz) 10-12 Open Painting Studio 10-12 Ceramics with Jennifer 10-11 Tai Chi for Arthritis , 4th Fl. 11-12 Choreography , 1 st Fl	9:30-10:30 Covello Glowing Stars , 1 st Fl 10-12 Ceramics with Olivia 10-12 Pool Room Open 10-12 Clothing and Open Sewing with Lameeka 10-12 Open Painting Studio 11-12 Choreography , 1 st Fl. 11-12 Chair Yoga , 4 th Fl.	10-11 Introduction to Facebook (registration required) 10-12 Pool Room Open 10-12 Open Painting Studio 10-12 Open Quilting Time with Diane 10-12 Ceramics with Jennifer 10-11 Tai Chi for Arthritis , 4th Fl.	9:30-10:30 Zumba , 1 st Fl. 10-12 Pool Room Open 10-12 Clothing & Alterations with Shelli 10-12 Ceramics with Ann 10-12 Printmaking with Karin 11-12 Healing Through Music , 1 st Fl.	10-12 Ceramics with Valerie 10-12 Social Morning
12 – 1 Lunch (Almuerzo), 2nd Fl. Cafeteria						
1-3 Karaoke 1-4 Ceramics with Valerie	1-4 Pool Room Open 1-4 Open Sewing with Diane (Exception: 4/8 with Jennifer) 1-4 Crochet and Clay with Ann 1-3 Printmaking with Karin 1-4 Chinese Painting with Ming	1-4 Pool Room Open 1-2:30 Basic Computer Class (no registration necessary) 1-4 Open Sewing with Diane (Exception: 4/9 with Liz) 1-4 Ceramics with Jennifer 1:30-3:30 Bingo , 1 st Fl. 1-3 Drawing Class with Alex	1-4 Ceramics with Olivia 1-4 Mixed Media with Liz 1-4 Clothing and Open Sewing with Lameeka	1-4 Pool Room Open 1:30-2:30 Basic Computer Class (no registration necessary) 1-4 Creative Sewing with Liz (Exception: 4/4 with Diane) 1-4 Ceramics with Jennifer 1-4 Painting with Phyllis 1-3:30 Bingo , 1 st Fl.	1-2 Printmaking with Karin 1-4 Ceramics with Ann 1-4 Clothing & Alterations with Shelli 1-3:30 Karaoke , 1 st Fl.	1-4 Ceramics with Valerie 1-4 Open Sewing with Ann (Exception: Saturday, April 13 th class re-scheduled to Sunday, April 14 th) 1-3 Social Afternoon